

Orpington Food Bank

You may not have thought it but 30,000 people in Orpington are living on the edge of poverty. Orpington **foodbank** is part of a national network of foodbanks giving out nutritionally balanced emergency food to people in crisis who have nowhere else to turn. By donating food on a regular basis the church enables the compassion of God to be shown in our community.

For more information check out the

website www.orpingtonfoodbank.co.uk email:
info@orpingtonfoodbank.co.uk

or call 07774 526562

A number of Orpington Churches are joining in with **foodbank** collecting food, however donations are always welcome.

Donations can be brought to

Oak Community Church Chipperfield Road or to the **foodbank** centre at
6 Ranmore Path, Orpington, BR5 2HP

please ring the above number FIRST to arrange the delivery time.

The most necessary items are as follows:

- Milk (UHT or powdered)
- Sugar 500gram packets
- Fruit juice (Long-life carton)
- Pasta sauces
- Small tomato ketchup
- Vegetables/Potatoes (Tinned)
- Sponge pudding (tinned)
- Cereals
- Rice pudding (tinned)
- Tea bags/Instant coffee
- Instant mashed Potato
- Rice
- Tinned meat/fish
- Tinned fruit
- Jam
- Biscuits or snack bars
- Toilet rolls
- Ladies personal wear



Foodbank gives three days of emergency food to individuals and families in crisis. Local care professionals in the Orpington area referring people to us using a food voucher. At the **foodbank** centre clients exchange their voucher for food supplies. Here they also receive a cup of tea or coffee, a listening ear and signposting to other professionals who can help them out of their crisis. **Foodbank** is supported by churches in Orpington and surrounding areas but also allows the general public to contribute to, and support local well-being in a simple practical way.

THANK YOU